



# *Quantum Field*

With Emily Joy Harris  
PRACTITIONER GUIDE

---



## DISCLAIMER

This guide and training is not intended as a substitute for the medical advice of physicians. The reader should regularly consult a physician in matters relating to his/her health and particularly with respect to any symptoms that may require diagnosis or medical attention. (health, alternative healing). This guide does not substitute legal advice.

This training is based on the energy healing tools of Nicole Gayle. By taking part in this training, you agree that you will not hold Nicole Gayle responsible in any way. Participating in learning how to be a Quantum Healing Practitioner does not guarantee income. You are responsible for your healing business and earning potential.

Field Work – Multidimensional work with  
Emily Joy Harris Week 3

Emily brings esoteric principles about the quantum field in her teachings. All information below is based on her work and copyrighted to her and her teachings.

# *Elementals*

## Basic Elementals and Sophianic Consciousness

Each of us all have a light body, our light body generates our multidimensional energy and generates all our portals and chakras points, the body is like a portal, it can receive energy and emit energy out like a radio station.

Our field connects to 12 organic dimensions, at top of this field is the godhead, the essence of our holy mother and holy father combined.

The multidimensional field aligns perfectly to the light body, it's set up that way mechanically and geometrically.

The first energy that's essential to call upon is our holy mother – Sophia.

The Christos Sophia was the original emanation of creation for hieros gamos and for union, and all energy is made up of this hierogamic union of Christos and Sophia. This energy in union within you is an essential and fundamental piece to your growth and to staying safe and aligned within the fields.

Sophianic energy would be our feminine essence and the elementals of creation basic principle of sunlight, water, earth, energies that run through leaves, electromagnetic frequency of creation, they can help us in the field, good for clearing energy on a cellular level.

## **Example of Water Elemental:**

**“Right now I want to call upon Sophia in her elemental creative essence and I want to use some of this water to wash through my body ”**

**Next, see the elemental running up the body cleansing you.**

You can call upon sunlight to code the energy in your cells, to make sure your energy is open to receive – elementals is a way to use sophianic consciousness, and can help you cleanse, wash, update through elemental energy.

# *Lyrans*

## Lyrans

Lyrans are galactic beings, feline beings, emanate essence dedicated to the spirit of Christ and spirit of christos, the spirit of the holy consciousness to the masculine. The Lyran beings are guardian families and these guardian families have travelled through the timelines from the future, to help repair the timeline and do quantum work with this. They have a lot of crystalline core technology, quantum technology, plug-ins and charge us with their quantum and crystalline technology, they have many ways to bring us directly into organic shifts in consciousness

They are here now doing so much for the new earth timeline and ascension process.

They can come in and minister to our soul and give us guidance.

How we call about Lyrans, is always through the law of one.

Only beings in service and devotion to the living god are allowed into my energy and field. It's important that you say LIVING, just call upon light, isn't something you want to do because there are many different types of light in the field. You really want to call upon the organic living God.

Lyrans aren't God, they are helpers, they align with our universal laws



## **How to recognize you carry the Lyran technology within yourself**

Tune in and feel into the Lyrans, call for the Christos family and light that are in devotion to Christos Sophia mission. The first feeling you may get is a brilliant mind, organic seamless pathway, ability to understand things on a mechanical level, feeling sense around DNA upgrades, quantum, timeline repair. You may also feel a massive energy that reminds you of lioness/lion energy. You will feel your truth speaker energy clear that combines with love. Energy of transparency.

## **How to work with the Lyrans**

Put hand on heart and say out loud:

**“I would like to speak and connect with the Lyran consciousness through the living light of God and in reverence to the law of one and in reverence and devotion to the Christ Sophia”**

When you anchor that speech it is impenetrable where nothing can manipulate it's way in..

# *Lyrans PLUG IN*

Lyrans do something called plugging in

First, call upon the Lyrans

Second, visualize a suction cap on the crown, like a acorn cap and feel in your body if there is any tension, as you feel this, the cap is going to calibrate and charge your nervous system and Lyrans will pull up your light body like a suction cup energy and as though it raises the entire consciousness in your light body and pulls the whole light body up.

You can also plug in anywhere in your body to charge it.

See Week 3 Video demonstration to do this plug in

# *Aurora rainbow plasma light and field navigation*

Whenever we are navigating the field, we can boost these energies using rainbow plasma light.

Auroras are the living bloodline of Christ like the guardian hosts of the universe. They are ensuring the ascension plan is happening. The elders, mother/father energy. They have something like golden plasma light and rainbow plasma light.

Rainbow plasma light enters into the center of the galaxy. It helps to prevent you from being siphoned. Auroras will bring in rainbow plasma light from the 12th dimension energy.

## **How to Bring in Rainbow Plasma Light**

**Visualize rainbow light and imagine right in front of you it's like an orb and this orb is expanding out, pulsating breathing, this light as you pull it in, is an organic plasma light that's connected to beings that's called the Aurora's.**

**You can close your eyes and say: "In reverence to my holy father holy mother I would like to work with the essence of the aurora plasma light."**

It will come down into your field and go into the cells of your body, and start to find if there is anywhere your energy is being leaked out or being siphoned.

You want to use plasma light because no one can pull your energy. It clears out reversal networks that can promote looping, false memories, false thoughts, or narcissistic programming and fear consciousness, pestilence or disease.

Aurora can help you gain back your sovereignty and interdependence with God

# *Luciferic consciousness*

What is the difference between light in spirituality community and rainbow plasma light?

Luciferic consciousness – all is one, don't react, tolerate anything, service to self energy, not in devotion or service to the divine will.

The "love and light" energy that promotes a synthetic Christ consciousness. This is the energy that is afraid of real authentic truth and anything that isn't just love and kindness. Love and kindness isn't always the answer because we wouldn't have something called divine justice.

Light energy in the new age comes from reversal 5th dimension. Each dimension has its benefits, as an aspect that is good and an aspect that isn't aligned with God.

The imposter spirit is multiple groups of beings that pretend to be something they are not and only promote love and light messages only.

False ascension matrix – we want to ensure we are filtering through the living light of God and Christ Sophia. We may be connecting with a false hive mind frequency like a false energy of Arc Angel Michael, and connecting with synthetic light and ascending inorganically through the synthetic light and you may notice you are not having the outcome that you are promised and you may have your life feel confused and feel so off and disconnected and drained.

You can connect with REAL Angels yes, but connect directly from the ANGELIC realm.

# *Enter the Quantum Field*

Quantum Field - place of no time, no beliefs, nothing there that can get in the way of creation. The creation is immediate.

To enter the quantum field, we need to start with the 4th, 5th, 6th and 7th dimensions. In terms of our energy portals, at the crown we will feel a lot of energy the higher that we get. Energy portals open up as we move through the field.

Each field exists within 12 dimensions, it has all the contents of creation without any limitation.

How to know you're in the field, the feeling you may receive:

Expansive

Warm

Safe

Knowing

Field of living light

May see colors

# *Enter the Quantum Field*

## **Step by Step way to enter the Quantum field with Spiritual Consciousness**

1. Clear with elementals connecting to Sophianic consciousness
2. You can set up and prepare space with calling on the Lyran
3. Coding with rainbow plasma light and sense and feel into that energy
4. Visual and entering a portal, which we are now going to enter into the 4th, 5th, 6th dimensions, wait for the connection to that portal to happen and then the consciousness of the 7th begins to open and upwards to 12th
5. Then use whatever tools you may want to use in the field, like quantum timeline or quantum rebirthing.

# *Holy Mother Arc Quantum Portals*

One of the most profound healing tools is the Holy Mother Arc Portal and it's time for all of us to receive this energy - An energy we should all be utilizing.

In the 12th dimension, we have holy mother and holy father in Hieros Gamos in holy unity.

Above that is just a field of consciousness, that is God as ONE - while the 12th dimension have merged but separate consciousness, the field above is the holy mother arc, in the 13th dimension energy - where all is one. It is holding the arc as an harmonic field of energy, emanates the highest harmonic healing tones in the universe and we call it the harmonic field of Sophia our holy mother arc, you want to call upon the holy mother arc. You don't have to go into the field with this practice as this is just a portal.

## **Practice:**

**"I call upon the holy mother arc. As I call upon the holy mother arc, I do so in full reverence to the divine law of God, the divine God of the living light, the living breathing essence of God."**

# *Holy Mother Arc Quantum Portals*

As you are calling on the Holy Mother Arc, you may see a color of aqua marine blue, like shimmering crystal. The consciousness of the holy mother arc may dispense as a pillar of blue aqua marine light dispensating down into our crown area, we may notice a spear or portal open up right in front of our body, it comes in and creates an instant portal, it creates an instant portal of consciousness and can expand around our body and we can pull anything into this portal.

It is a miracle portal

This portal can birth anything and you can create miracles, the holy mother arc portal can heal instantly. It is the living light of Sophia and it can miraculously shift things.

To connect for further sessions with Emily, you can contact her on Facebook Messenger here: <https://www.facebook.com/emem.harris>



# *Elementals*

What are at least 3 different elementals you can run or use with clients?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

# Definitions

What is the definition of the Christos Sophia?

Who are the Lyrans?

What is the Aurora Rainbow Plasma Light?



# *Entering Quantum Field*

What are 5 steps you can use to enter the quantum field?

# *Notes*

# *Notes*